



CLIENT STORIES



Our
Community



Ashley and John

A Helping Hand When It Was Needed Most

After welcoming their newborn, Ashley and John faced an unexpected setback. Ashley, a radiology worker, was injured and placed on disability, while John stayed home to avoid high childcare costs, picking up rideshare work when he could.

Even with their combined efforts, it wasn't enough. They turned to Loaves and Fishes of Contra Costa and were met with warmth, dignity, and immediate support - groceries, diapers, and even a Thanksgiving turkey.

"Without Loaves and Fishes, we wouldn't have had any food to eat. They helped us tremendously."

Ashley and John are still navigating their next steps, but they didn't have to face that moment alone.



Lisa

From Healing to Purpose

Loaves and Fishes of Contra Costa's Culinary Program is about more than cooking - it's about rebuilding lives.

Now nearing 60, a grandmother of three and 30 years sober, Lisa rebuilt her life after addiction and a career-ending injury. She came to Loaves and Fishes as a volunteer - and found a new purpose through the Culinary Arts Training Program.

"The Culinary Program...opened so many doors for me."

Today, Lisa is catering, winning local cooking competitions, and working toward enrolling in Diablo Valley College's culinary program. ***"There is a resilience in me now that nobody can take away."***



Charles

More Than a Meal: A Place to Belong

For Charles, a Vietnam veteran and widower, the days were long and quiet - until he found Loaves and Fishes of Contra Costa.

Now he comes daily for his only hot meal - but what he receives goes far beyond food.

"They treat me like family. The volunteers are so kind and caring - I just can't say enough."

After a lifetime shaped by war and loss, Charles has found something deeply meaningful: connection, kindness, and a place where he belongs.

For Charles, it's more than a meal - it's a reminder he's not alone.



Community Partnerships in Action



Our
Community

Meal Distribution and Community Services

LFCC extends its reach
through partnership
that bring meals
directly to:

- ✓ **Concord Refuge Church**
Partnership distributing LFCC's hot meals to very low income families.
- ✓ **RESTORE**
Distributes LFCC's meals (approx. 60) daily to unhoused individuals in encampments and in recovery.
- ✓ **SHARE Community Outreach**
Partnership offering hot showers located at the Antioch Dining Room. Provides coordinated services including hygiene, and outreach support.
- ✓ **Hijas del Campo**
Supports migrant and seasonal farmworkers and their families through regular hot meal pickups from LFCC.



Mobile Meal Partnerships

Through LFCC's mobile
unit, hot meals are
delivered directly to
communities:

- ✓ **Delta Landing**
Weekday meal service for transitional housing residents.
- ✓ **Opportunity Village**
Weekday meal service supporting individuals transitioning out of homelessness.
- ✓ **West Pittsburg Community Church**
Meals provided alongside access to showers, medical care, and clothing.
- ✓ **Stoneman Village (Pittsburg)**
Meals for low-income seniors twice weekly.
- ✓ **Antioch Senior Center (Antioch)**
Meals provided one time a week to the seniors of Antioch and open to the general public.
- ✓ **Concord Mobile Dignity Center**
In partnership with the City of Concord, LFCC provides meals to the unhoused residents of Concord along with other nonprofit partners providing mental health, medical care, showers, and groceries.

Workforce Development and Training Partnerships

LFCC collaborates with organizations dedicated to building skills and career opportunities:

✓ Opportunity Junction

LFCC provides daily hot meals to support participants in administrative and Certified Nursing Assistant training programs, allowing them to focus on career advancement.

✓ Mt. Diablo Adult Education (Concord)

Meals are delivered to support students and provide hands-on café training opportunities utilizing LFCC's hot meals.

✓ Rubicon Programs

Offers wraparound services including case management, job readiness training, and individualized coaching. LFCC hosts paid Rubicon interns at our central kitchen for hands-on job training.

✓ SOAR (Stand Out, Achieve & Rise)

Provides paid internships and hands-on workforce experience for young adults (ages 18–26). LFCC supports a culinary-focused cohort with exposure to commercial kitchen operations and food service careers.

✓ Trinity Center

LFCC offers a Culinary Arts Training Program once per year in partnership with Trinity Center, equipping participants with skills in food preparation, kitchen safety, nutrition, and job readiness for entry-level culinary careers.

Local Community Partnerships

✓ Martinez Senior Center

Weekend meals and grocery distribution for seniors.

✓ Martinez Men's Sober Shelter

Weekend meal service.

✓ Martinez Animal Shelter Foundation

Pet food distribution at dining rooms helping care for companions of those in need.

Food Security Collaborative of Contra Costa County

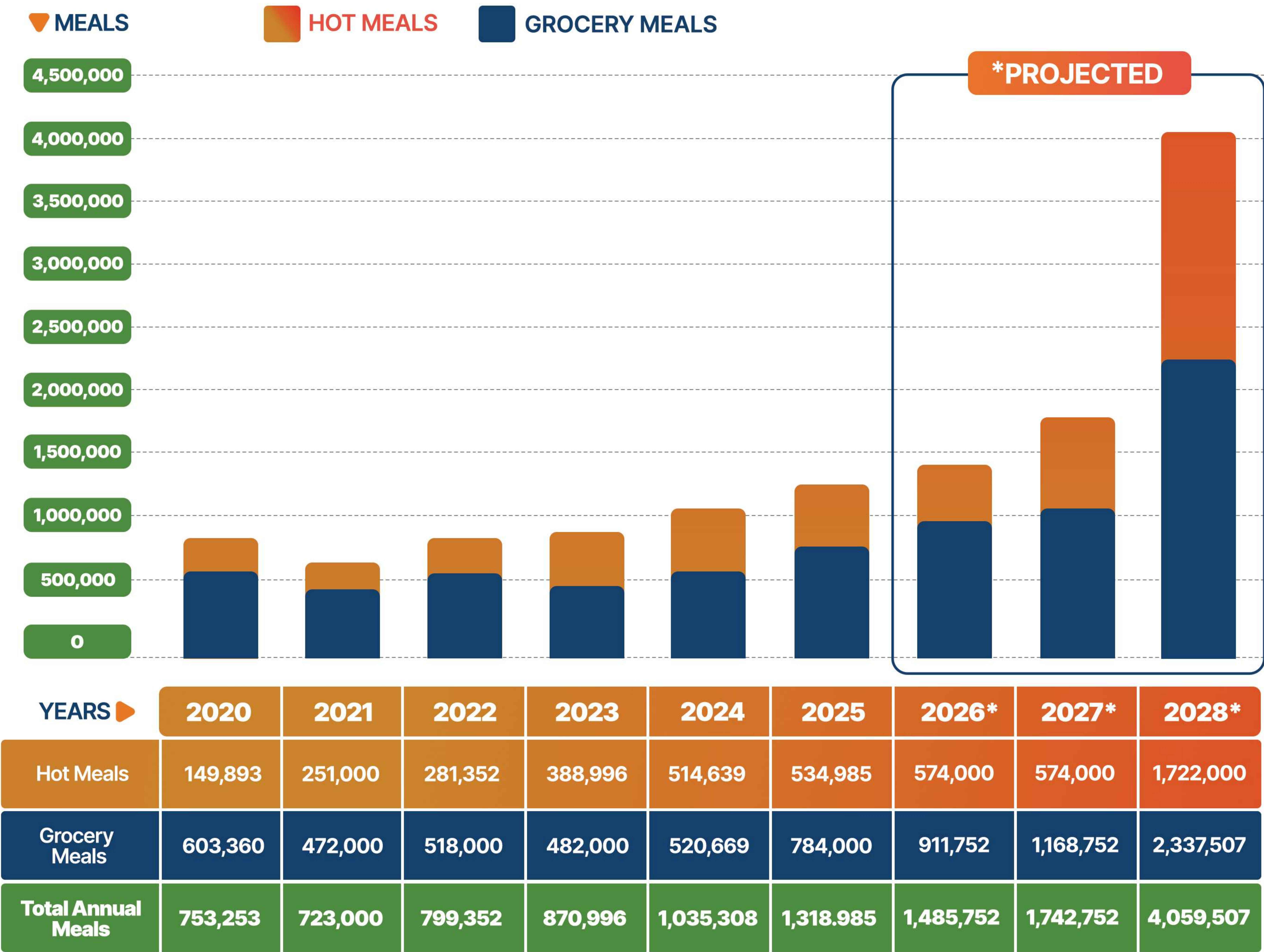
LFCC is a proud member of **East Contra Costa Community Alliance (ECCCA)** alongside 27 other nonprofits serving East County residents, as well as the **Food Security Collaborative**, working alongside: Food Bank of Contra Costa and Solano, Meals on Wheels Diablo Region, St. Vincent de Paul of Contra Costa County, White Pony Express to combat food insecurity.

Future Impact

Looking ahead, LFCC hopes to expand partnerships with organizations such as YMCA Head Start Program and Pittsburg Unified Adult Education.



MEAL GROWTH TO MEET DEMAND



By expanding into the New Central Kitchen, Loaves and Fishes of Contra Costa, in partnership with the County's major community-based food providers through the Food Security Collaborative, will significantly increase its capacity to address the staggering unmet **need of approximately 80,000* additional meals each day in Contra Costa County, growing daily peak production capacity from 3,000 to 9,000 hot meals.**

*Source: Feeding America



NEW CENTRAL KITCHEN PROJECT



Our
Future



PROJECT TIMELINE AND BUDGET

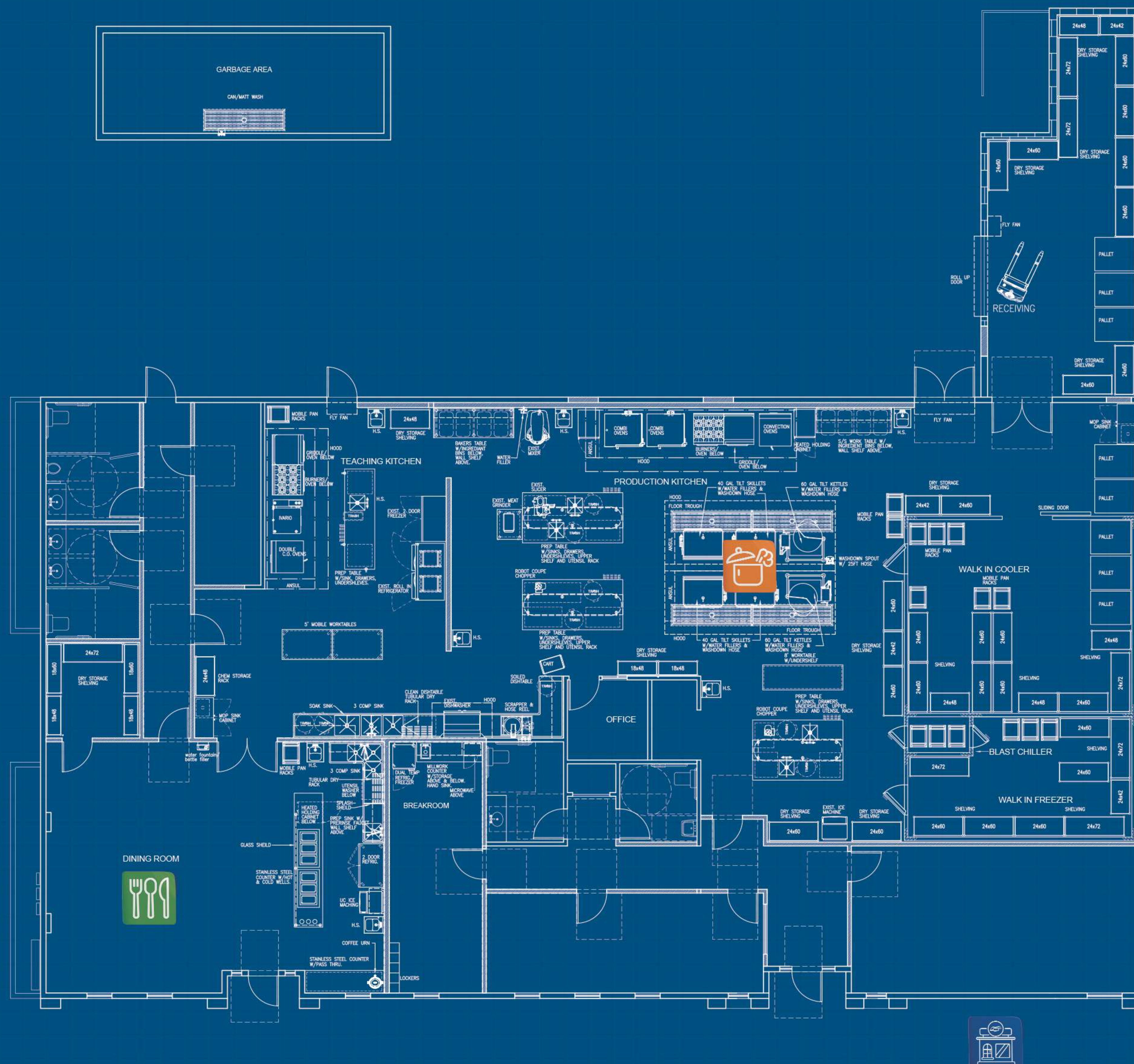
Nourishing Lives Campaign Project Cost	\$4,500,000
Projected Sources of Funds	
Foundation and Corporate	\$1,000,000
Individual Donors	\$1,743,155
Public Funds	\$1,045,000
LFCC Contribution	\$567,000
In Kind Donations	\$144,845
TOTAL SOURCES OF FUNDS	\$4,500,000
Projected Uses of Funds	
Building Design, Security, Permitting, Demo	\$203,390
Construction: Phase I	\$762,537
Construction: Phase II	\$1,399,073
Kitchen Equipment and Furnishings	\$775,000
Building Purchase (including closing cost)	\$955,000
Project and Campaign Planning & Execution	\$405,000
TOTAL USES OF FUNDS	\$4,500,000



BLUEPRINT & RENDERINGS



Our Kitchen



 **DINING ROOM**



 **NEW CENTRAL KITCHEN**



 **STREET VIEW**

CULINARY ARTS PROGRAM



Loaves and Fishes
OF CONTRA COSTA

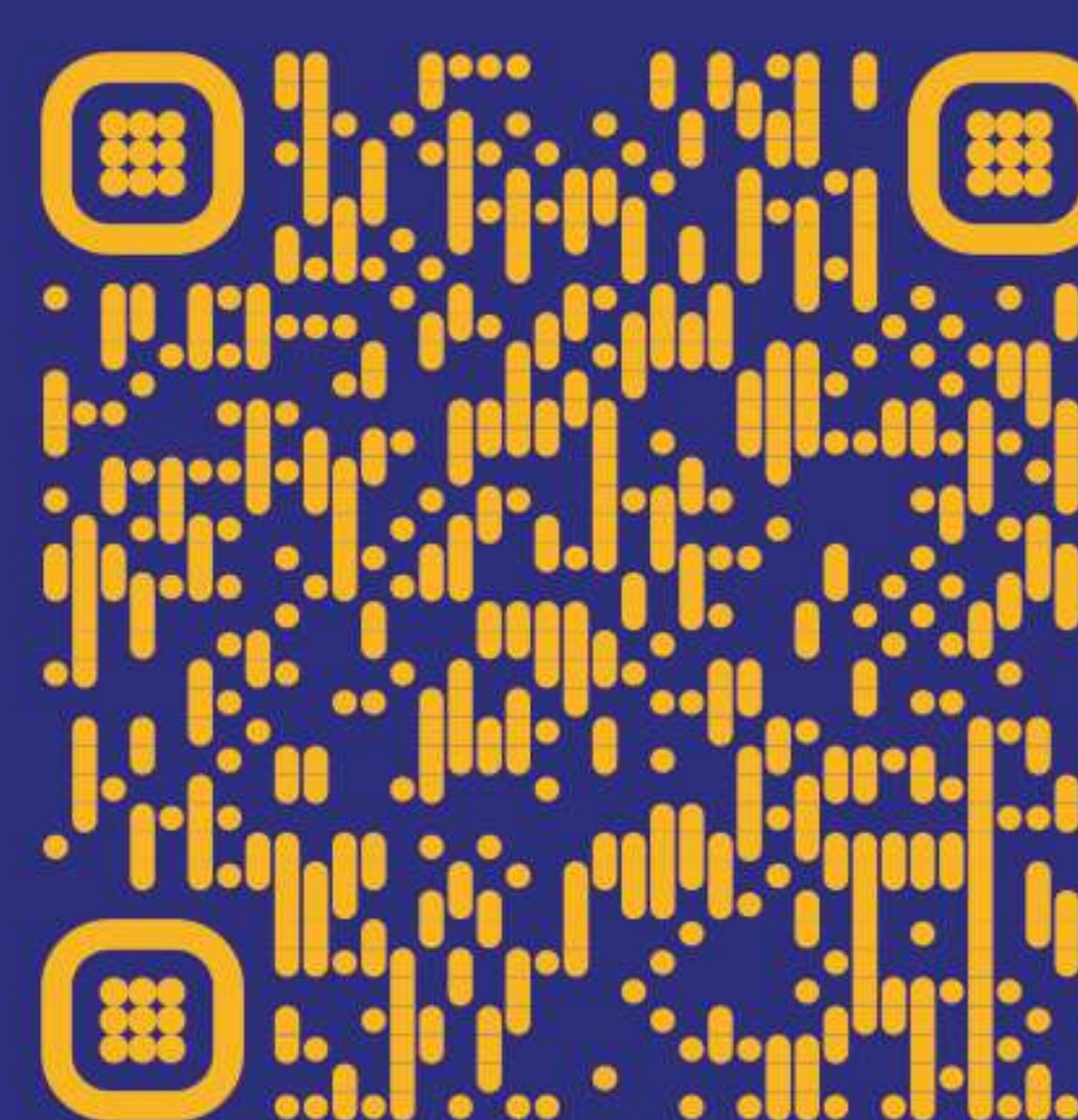
Nourishing Lives

Professional CULINARY TRAINING

Loaves and Fishes of Contra Costa offers a **free culinary training program** to individuals interested in starting a career in the culinary industry.



**Apply Today, Includes Job
Placement Assistance!**



Apply Online:
loavesfishescc.org

or call our office at

(925) 293-4792

Classes fill up quickly. We accept applications year round.

NOURISHING CAREER PATHWAYS



PROGRAM HIGHLIGHTS :::::

- Teaches culinary skills, safety and sanitation, and various cooking techniques in a fun and hands on environment.
- Students graduate with a certificate of completion and a state required Food Handlers Certificate.
- Job placement assistance! We have various local restaurants ready to hire our graduates.

SKILLS TAUGHT :::::

- Knife skills, cooking techniques including saute, braise, poach, broil, fry and many more.
- Basic kitchen safety and sanitation along with knowledge of maintaining commercial kitchen equipment.
- Knowledge of basic food preparation, recipe preparation and use of measurements in the kitchen
- Plating and presentation of meals.

NOURISHING CAREER PATHWAYS BY :::::

- Introducing students to a robust culinary program that will help them build a career in the industry.
- Teaches life skills, builds confidence, helps with resume building and interview skills. Prepares students for a successful culinary career.
- Assists students in finding employment within the culinary industry or help with enrollment into a culinary program at any local college to further their education and obtain their culinary degree.

ALL STUDENTS NEED TO QUALIFY AND BE INTERVIEWED FOR ENROLLMENT.

WEEKLY SESSIONS

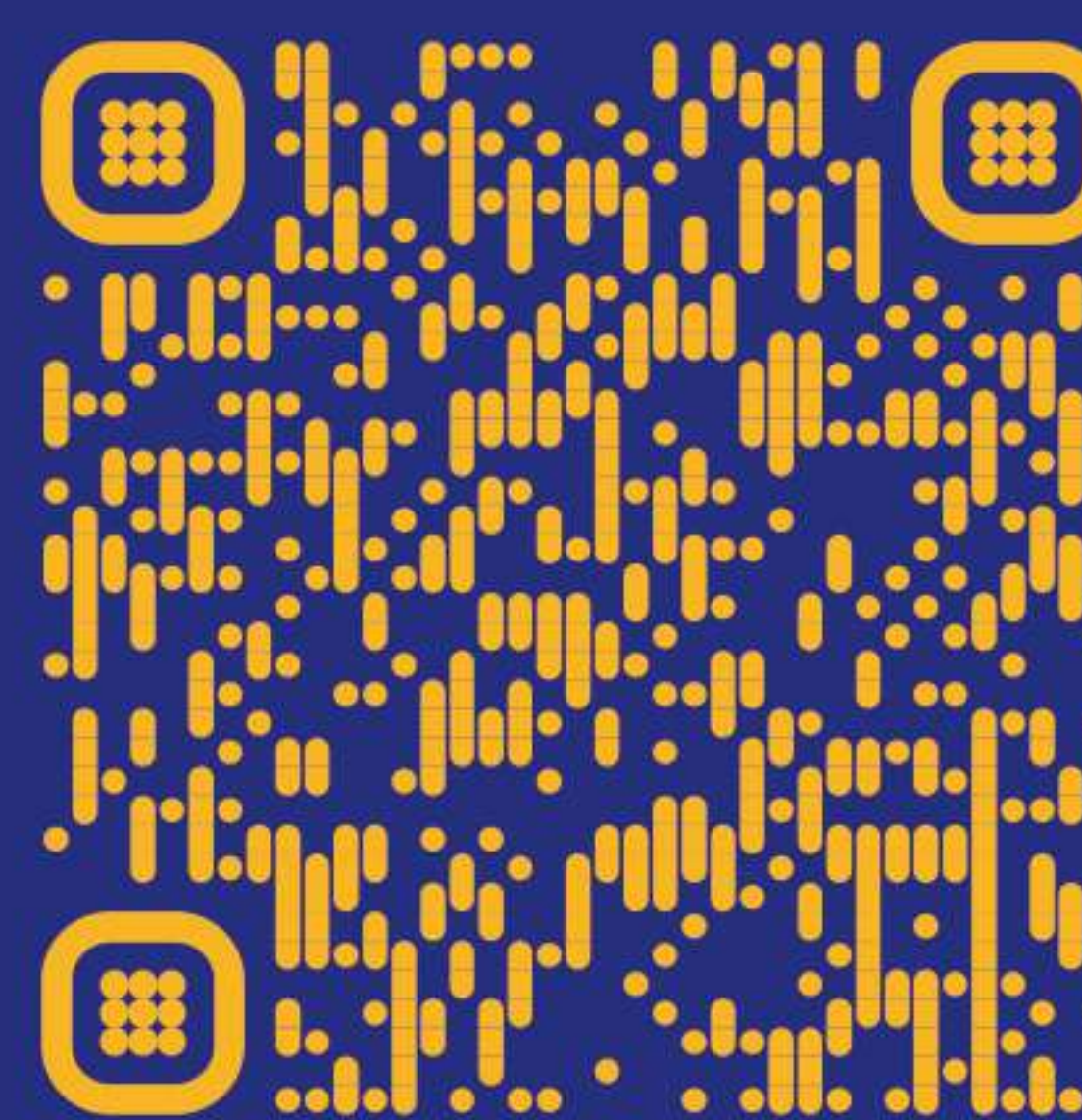
**TUESDAYS
WEDNESDAYS
THURSDAYS**

3PM-7PM*
*TIME CAN VARY PER SESSION

835 FERRY ST. • MARTINEZ, CA



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Placement Assistance!**



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loavesfishesc.org

or call our office at

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Classes fill up quickly. We accept applications year round.

NOURISHING CAREER PATHWAYS



Loaves and Fishes
OF CONTRA COSTA
NourishingLivesCampaign



WHO WE ARE



Our
Community



Board of Directors FY 2025/2026

loavesfishescc.org

Michael Wilson / **Chair**

Joined March, 2019
Retired, Chevron

Pam Price-Bergquist / **Vice Chair**

Joined July, 2018
Retired, CISCO

Jim Petraglia / **Treasurer**

Joined September, 2022
Retired, Rimini Street

Dennis McSweeney / **Secretary**

Joined December, 2025
Retired, Hyperion Partners, LLC

Karen Introcaso

Joined May, 2013
CEO, Kaiperm FCU

Tammy Gard

Joined September, 2017
PEI NDE Coordinator & Technical Review
Martinez Refining Company

Brian Siebold

Joined January, 2017
Retired, BAC Community Bank

Neil Roscoe

Joined May, 2018
CFO John Muir Land Trust

Jay Howard

Joined May, 2022
Superintendent, G Swanson Construction

Jeff Rideout

Joined July, 2024
President/CEO
Integrated Healthcare Association

Kristy Lucas

Joined December, 2025
Multi-Unit Franchise Owner, Spavia

David Kato

Joined July, 2026
Executive Vice President/CFO
Pacific Service Credit Union



Loaves and Fishes
OF CONTRA COSTA
NourishingLivesCampaign



Our Community
Our Kitchen
Our Future

COMMITTEE ROSTER



Our
Community

Stephanie Snyder

Committee Chair

Joe Cannizzo

Committee Member

Former Board Chair, Shelter, Inc.

Jeff Rideout

Committee Member

Current LFCC Board Member

David Gerson

Committee Member

Former Executive Director, LFCC

Stephanie Ybarra ("Rudy")

Committee Member

Executive, Wesco

Loaves and Fishes Contacts & Campaign Consultant



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Lotus Consulting

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